



# Support for our Families



*Young people are growing up in a very exciting and uncertain world, which can present challenges for them and almost all families at times. Unfortunately, many people face frustration and uncertainty at times when they need the confidence to secure advice, guidance or support. At these time it can difficult to know where to turn to or how to take the first steps to make things better. Not knowing what to do or who to talk to can lead to anxiety and isolation at a time when you really need to feel reassured that others care and that problems can be shared.*

*We hope that this directory will be the starting place for the information and help that empowers you as parents and carers to take action that will make a difference when you need it. It will also be central supporting and informing much of the work that schools already undertake with students and their families.*

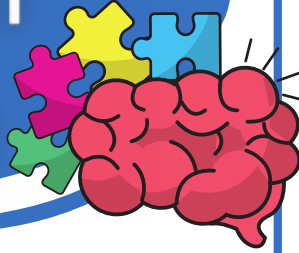
*Our aim is to continue to strengthen the partnership working with parents, carers, young people and their families in the Wyre Forest and that the right support is provided by the right people at the right time.*

# Contents

- **Health & mental health**
- **Drugs & alcohol**
- **Finances & cost of living**
- **Parenting**
- **Housing**
- **Education, employment & learning**
- **Youth & community groups**
- **Special educations needs and/or disabilities**
- **Community safety**
- **Bereavement, domestic abuse & rape & sexual abuse**



# Health & Mental Health



**NHS**

**Children and Adolescent Mental Health Services**  
Herefordshire and Worcestershire

☎ **01905 768300**

🌐 [www.hacw.nhs.uk/camhs/](http://www.hacw.nhs.uk/camhs/)

Children and Adolescent Mental Health Services provide a range of support services, with specialist mental health workers trained to work with mental health difficulties which are affecting day to day activities in children and young people across Worcestershire.

CAMHS-SPA, where you can speak with a CAMHS clinician for advice. CAMHS-SPA triages all referrals and clinic appointments are made according to level of urgency and mental health need.

## kooth

☎ **0300 302 13 13**  
🌐 [www.kooth.com](http://www.kooth.com)

Free, safe and anonymous chat and emotional wellbeing service for young people aged 11 to 25. The service is staffed by counsellors and emotional wellbeing practitioners and offers virtual chat, 1:1 text chat and peer support.

 **ChatHealth**

☎ **07507331750**  
Monday - Friday 9am to 4pm

Support from a school nurse via text messages for young people aged 11-19, with exam stress, relationships, drugs and alcohol, sleep problems, depression, sex, contraception, self-harm, anxiety and bullying.

## SAMARITANS

☎ **116 123 or 0330 094 5717**  
🌐 [www.samaritans.org](http://www.samaritans.org)

Worcester Samaritans is a charity made up of volunteers who offer time and space for individuals who may be struggling to cope to express their feelings, discuss their options and plan to face the future.



**Starting Well Partnership**  
EVERY CONTACT SHAPES A LIFE

☎ **01905 768300**  
🌐 [www.startingwellworcs.nhs.uk/school-health-nursing](http://www.startingwellworcs.nhs.uk/school-health-nursing)

The School Health Nursing Service

The School Health Nursing service provides support to all school age children aged 5-19 years across the County. All Schools have a named School Health Nurse who works very closely with the school to ensure the health needs of individuals are addressed and develop Health Improvement Plans, which ensures a targeted approach to the specific needs of a defined population. Regular “vulnerability meetings” are also held with schools to ensure a coordinated approach is taken to those individuals who are considered ‘at risk’ and a plan developed.

Chat Health

A confidential texting service known as ‘Chat Health’ is available to all young people age 11-19 years. A School Health Nurse will be available between 9am and 4pm to offer support on any issues e.g. sexual health, bullying, friendships, low mood etc. There is no need for the young person to disclose their name if they do not wish. This can be accessed by texting **07507331750**.

School drop-in's

Time 4 U Drop-in sessions are offered within most High Schools to meet the health needs of children and young people, these can be carried out face to face within the school or using a safe digital platform called WebEx.

(Not offered currently)



PASSIONATE ABOUT EQUALITY

[www.onside-advocacy.org.uk/actonit](http://www.onside-advocacy.org.uk/actonit)  
[actonit@onside-advocacy.org.uk](mailto:actonit@onside-advocacy.org.uk)

Onside is a charity working across Worcestershire to provide a range of services that aim to ensure fairness and equality, improve physical and mental health and wellbeing.

‘Act On It’ is a service that provides children and young people with the skills and techniques to manage their own emotional wellbeing and improve confidence and self-esteem. This will result in students being more able to cope with stress, anxiety, and challenges in life. (Support given to those schools that do not receive support from WEST)



fighting for young people's mental health



[020 7089 5050](tel:02070895050)  
[www.youngminds.org.uk/parent](http://www.youngminds.org.uk/parent)  
[ymentquiries@youngminds.org.uk](mailto:ymentquiries@youngminds.org.uk)

Young Minds are a mental health charity for children, young people and their parents. They provide tools to young people to look after their mental health. We aim to empower parents and adults the best support they can to young people they live or work with. Parents Helpline 0908 802 5544 open Mon – Fri 9.30am - 4



[01905 768300](tel:01905768300)  
[www.hacw.nhs.uk/camhs/](http://www.hacw.nhs.uk/camhs/)  
[whcnhs.reach4wellbeing@nhs.net](mailto:whcnhs.reach4wellbeing@nhs.net)

Aims to promote positive wellbeing, reaching children and young people in their communities to reduce the stigma of mental health. They provide short-term group programmes for children and young people aged 5-18 experiencing mild to moderate anxiety and low mood, using cognitive behaviour therapy-based principles.



[0300 302 13 13](tel:03003021313)  
[www.healthyminds.whct.nhs.uk/home](http://www.healthyminds.whct.nhs.uk/home)

Worcestershire Healthy Minds provides support to individuals aged 16 and over experiencing difficulties such as stress, anxiety, low mood, and depression.

This service offers a range of free confidential support including online therapy, groups and courses with the opportunity to share and learn from other people and 1.1.

Healthy Minds also support individuals access resources which can complement the services they offer or may be deemed more appropriate.

## HERE 2 HELP WORCESTERSHIRE

[01905 768053 option 3](tel:01905768053)  
<https://www.worcestershire.gov.uk/here2help>

A service that offers signposting for people of all ages and is available for Worcestershire residents and organisations. Here2Help can help establish a route for early advice, information and signposting. This may include support for: families, carers, healthy lifestyles, money matters, mental wellbeing, activities, work and learning, Ukrainian refugees.

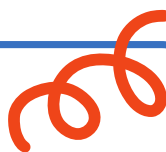


**PAPYRUS**  
PREVENTION OF YOUNG SUICIDE

[0121 437 0411](tel:01214370411)  
[www.papyrus-uk.org/](http://www.papyrus-uk.org/)  
[westmidlands@papyrus-uk.org](mailto:westmidlands@papyrus-uk.org)  
[launa.brooks@papyrus-uk.org](mailto:launa.brooks@papyrus-uk.org)

**HOPELINEUK**  
[0800 068 4141](tel:08000684141)  
[07860039967](tel:07860039967)  
[pat@papyrus-uk.org](mailto:pat@papyrus-uk.org)

Suicide Prevention Charity who provide support and advice to young people struggling with thoughts of suicide, and anyone worried about a young person through their helpline.



# Drugs & Alcohol

## CRANSTOUN

Empowering People, Empowering Change

☎ 0300 303 8200

🌐 [www.cranstoun.org](http://www.cranstoun.org)

✉ [cranstounworcsreferrals@cranstoun.org.uk](mailto:cranstounworcsreferrals@cranstoun.org.uk)

Support is available for adults and young people who are using drugs and/or alcohol and who are experiencing more serious difficulties associated with using drugs and alcohol. Support is also available for individuals affected by someone else using drugs and/or alcohol.

### drinkaware

☎ 0300 123 1110

A national alcohol helpline if you are worried about your own and someone else's drinking.

 Adfam

🌐 [www.adfam.org.uk](http://www.adfam.org.uk)

Drugs and alcohol can threaten and destroy family relationships and wellbeing. Adfam empowers family members and carers and support front line workers to stop this happening.





# Finances & Cost of Living

**Two Pennies**  
money advice



☎ **01905 27001**

✉ [advisor@twopennies.org.uk](mailto:advisor@twopennies.org.uk)

Delivers free money advice to Worcestershire residents in debt.



☎ **0800 988 2881**

🌐 [www.actonenergy.org.uk](http://www.actonenergy.org.uk)

Act on Energy is a charity dedicated to educating the public about problems associated with climate change and energy. They offer advice relating to any energy related issues from problems with bills to accessing grants.



**Food Share**  
Wyre Forest

✉ [Velmc161@yahoo.co.uk](mailto:Velmc161@yahoo.co.uk)

Volunteers collect and share surplus food donations with members of the local community who are in need and to prevent food waste. Based at The Walshes Community Centre Stourport.



☎ **0800 988 2881**

🌐 [www.worcestershire.gov.uk/warm-welcome](http://www.worcestershire.gov.uk/warm-welcome)

The Warm Spaces scheme offers warm, welcoming and safe places for people to go to over colder months



**Wyre Forest**

☎ **0808 278 7891**

🌐 [www.wyreforestcab.org.uk/](http://www.wyreforestcab.org.uk/)

Helps people with all types of issue including debt, benefits, employment, relationships, housing, education, law and healthcare.



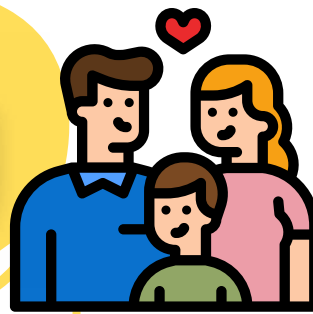
☎ **07469 216 904** (during foodbank opening times)

🌐 [www.kidderminsterfoodbank.org.uk](http://www.kidderminsterfoodbank.org.uk)

✉ [info@kidderminsterfoodbank.org.uk](mailto:info@kidderminsterfoodbank.org.uk)

Providing food to those in need.

# Parenting



**HOME  
START**  
Wyre Forest



Starting well Partnership  
EVERY CONTACT SHAPES A LIFE

☎ **01905 520032**  
**Wyre Forest: 01562 827207**  
✉ **admin.wyreforest@barnardos.org.uk**  
**Worcestershire: 01905 763333**  
🌐 **www.startingwellworcs.nhs.uk**

The Starting Well Partnership supports parents, families, children and young people across Worcestershire. There are 2 family hubs within the Wyre Forest, Brookside Kidderminster and Half Crown Wood, Stourport.

The service will enhance the support available to children, young people and families across the county, providing help during antenatal, post birth, the early year's stages, and throughout school life and will be delivered across health building, community venues, including schools and Family Hubs (previously known as Children's Centres) in each of our local districts. The partnership will offer family and parenting groups supporting all aspects of physical and mental wellbeing for children, young people and their families.

☎ **01562 825896**  
✉ **info@homestartwyreforest.org.uk**  
**General:**  
🌐 **www.home-start.org.uk/**  
🌐 **www.home-start.org.uk/make-a-referral**  
✉ **info@home-start.org.uk**

Home-Start is a local community network of trained volunteers and expert support helping families with young children through their challenging times.

Home-Start offers support for:

- Disability and illness
- Forces families
- Isolation
- Mental ill health and postnatal illness
- Money issues
- Twins, triplets and multiple children
- When a relationship comes to an end



Starting well Partnership  
EVERY CONTACT SHAPES A LIFE

☎ **01905 520032**  
🌐 **www.startingwellworcs.nhs.uk**

This is a service for first-time parents in Worcestershire aged 25 and under. The Starting Well Plus intense home visiting service is prioritised for the youngest and those who have identified needs (for example; pregnant clients with safeguarding concerns, mental health worries, learning difficulties, lack of support networks etc).

Health Visitors delivering Starting Well Plus offer intensive home visiting support for first-time young parents and aims to provide information and support around topics such as preparation for parenthood and being a positive parent, attachment, healthy living, child development & behaviour, relationships, coping strategies, life course development, housing & finances etc.  
[www.startingwellworcs.nhs.uk/health-visitors](http://www.startingwellworcs.nhs.uk/health-visitors)

This is for parents who have children under the age of 5 seeking advice on their child's health and development. This is manned by a Starting Well Practitioner between the hours of 8am – 4pm Monday to Friday. **Tel: 0300 123 9551**

## Community Health Connectors

Our team of Community Health Connectors help to link families with children aged 0-19 years, to opportunities and appropriate support within their local area for example:

- To provide info, advice and activities/events which support the Healthy Child Programme (eg: Obesity, dental health, Post Natal Depression, bullying etc) together with appropriate partner agencies
- To identify gaps in provision in local area and to work with partner agencies to develop an approach to meet these need
- To develop the capacity of the local community to provide their own support networks. This could include volunteering and Peer Support opportunities; our Volunteer Coordinator would support those wanting to undertake this.

## Parenting

All parents/carers can access some form of parenting support whether that is through an online course or group. The Starting Well Partnership delivers evidence-based Parenting Programmes and support groups to improve parenting capacity.

These programmes include those that are specific to parents of children with special educational needs and/or disabilities. Volunteers are recruited to support parenting and universal groups and also help local support groups to become sustainable. These include Stay and Play groups and parent carer support groups for those with special educational needs and/or disabilities. For more information on the parenting provision





## WORCESTERSHIRE CHILDREN FIRST



- 🌐 [www.worcestershire.gov.uk/eifs](http://www.worcestershire.gov.uk/eifs)
- 🌐 [www.worcestershire.gov.uk/requestfamilysupport](http://www.worcestershire.gov.uk/requestfamilysupport)

This level of support is available to children, young people and families who meet level two of the Worcestershire LSCB levels of need guidance where there is an identified level two need for a family support worker.

EIFS works with children at primary, first and middle schools, providing practical evidence-based interventions to meet the specific family needs, support and guidance for children and their families when the needs are first identified at an early stage where a role for a family support worker is identified. The team also offers additional advice, guidance and expertise for the school in addition to its own pastoral provision, including group work with children within schools.

## UNDERSTANDING YOUR CHILD SOLIHULL APPROACH



- 🌐 [www.solihullapproachparenting.com](http://www.solihullapproachparenting.com)  
Access Code: PARENTSROCK

A free online parenting course for parents and carers in Worcestershire who want to learn more sensitive and effective parenting and building a positive relationship with their children.

The courses have been developed by registered professionals who work in the NHS, working with practitioners and parents to develop new resources to support emotional health and wellbeing in children/young people, families and adults.

## HARMONY AT HOME



- 🌐 [www.worcestershire.gov.uk/virtual-family-hub/harmony-home](http://www.worcestershire.gov.uk/virtual-family-hub/harmony-home)
- ✉ [earlyhelppartnership@worcschildrenfirst.org.uk](mailto:earlyhelppartnership@worcschildrenfirst.org.uk)
- ✉ [Levans4@worcschildrenfirst.org.uk](mailto:Levans4@worcschildrenfirst.org.uk)

Harmony at Home is Worcestershire's approach to the Reducing Parental Conflict (RPC) initiative in partnership with the Department for Work and Pensions (DWP) and organisations from our multi-agency Reference group.

The RPC reference group has been formed with a number of agencies across the partnership who meet every 3 months to support with the development of the project in Worcestershire.

As part of this initiative a training has been rolled out to partner agencies and a toolkit has been made produced for practitioners to use when working directly with parents and families.

## HERE 2 HELP WORCESTERSHIRE

- ☎ 01905 768053 option 3
- 🌐 [www.worcestershire.gov.uk/here2help](http://www.worcestershire.gov.uk/here2help)

A service that offers signposting for people of all ages and is available for Worcestershire residents and organisations. Here2Help can help establish a route for early advice, information and signposting. This may include support for: families, carers, healthy lifestyles, money matters, mental wellbeing, activities, work and learning, Ukrainian refugees.



## WORCESTERSHIRE VIRTUAL FAMILY HUB



- 🌐 [www.worcestershire.gov.uk/familyhub](http://www.worcestershire.gov.uk/familyhub)

Help and support for Children, Young People and their families or carers who live in Worcestershire.

## WORCESTERSHIRE CHILDREN FIRST



- 🌐 [www.worcestershire.gov.uk/early-help-family-support](http://www.worcestershire.gov.uk/early-help-family-support)

A targeted family support service is delivered at Level 3 of the Levels of Need Guidance where there is an identified need for a family support worker. At this level, children and young people will have complex needs to the extent that their health, development and wellbeing will be impaired without.

Targeted Family Support teams work in partnership with families who are experiencing complex issues that require a multi-agency approach and plan of intervention. These can be identified through the Worcestershire LSCB levels of need guidance.

# Housing



**Wyre Forest**  
District Council

☎ 01562 732541

✉ [claire.hampton@wyreforestdc.gov.uk](mailto:claire.hampton@wyreforestdc.gov.uk)

Housing Advice Officer - Claire Hampton  
Covid-19 related early intervention and support which is part of a Covid-19 recovery initiative in the Wyre Forest community to identify and support those who are at risk of losing their tenancies due to the lasting impact of the pandemic.

The aim is to work closely with a team of professionals from various agencies and charitable organisations to implement early interventions which might take the form of financial and/or advisory support.



🌐 [www.wyreforestnightstop.org.uk/how-we-help](http://www.wyreforestnightstop.org.uk/how-we-help)  
✉ [info@wfnightstop.org](mailto:info@wfnightstop.org)

Night stop helps vulnerable young people by providing emergency accommodation homeless prevention, family mediation, life skills training and schools education.



🌐 [www.stbasils.org.uk/about-us/services/info@wfnightstop.org](http://www.stbasils.org.uk/about-us/services/info@wfnightstop.org)  
✉ [youthline@stbasils.org.uk](mailto:youthline@stbasils.org.uk)

St Basils work with young people aged 16 – 25 who are homeless or at risk of homelessness, offering a range of prevention, accommodation, support and engagement services.

Based at Bromsgrove Street, Kidderminster for the Wyre Forest area.





# Education, Employment & Learning



☎ 01905 728537

✉ [youngadultlearning@worcestershire.gov.uk](mailto:youngadultlearning@worcestershire.gov.uk)

Support for 16–18-year-olds (or 19–24 with an EHCP) to access a combination of Traineeships and Study programmes designed to support young people to access vocational learning.



🌐 [www.worcestercommunitytrust.org.uk/joy/](http://www.worcestercommunitytrust.org.uk/joy/)  
✉ [joy@worcestercommunitytrust.org.uk](mailto:joy@worcestercommunitytrust.org.uk)

The JOY Project is a woman only community project which provides support to enable women to gain a variety of skills to enhance their confidence and empower them to make their own decisions.



☎ 01905 728537

🌐 [youngadultlearning@worcestershire.gov.uk](mailto:youngadultlearning@worcestershire.gov.uk)

✉ [adultlearning@worcestershire.gov.uk](mailto:adultlearning@worcestershire.gov.uk)

For age 19+. Worcestershire Adult Learning team offers over 400 courses. Both accredited and non-accredited including English and Maths, vocational skills, family learning and employability.



☎ 01562 733133

🌐 [www.fusionworcs.co.uk](http://www.fusionworcs.co.uk)

✉ [fusion@vestia.org.uk](mailto:fusion@vestia.org.uk)

Building Better Opportunities (BBO) is designed to help local people in Worcestershire move closer to or into employment, improve lives and secure future prosperity.

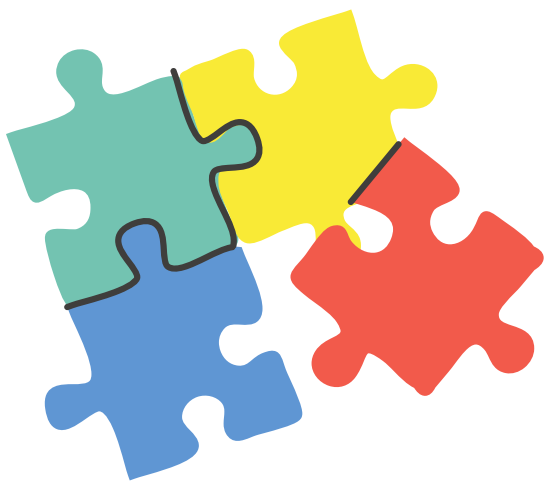


☎ 01905 795098

🌐 [www.youngsolutions.org.uk/our-projects/seek-and-reach/](http://www.youngsolutions.org.uk/our-projects/seek-and-reach/)

The Seek and Reach project is managed by Young Solutions to support young people aged 16 – 24 who are not in employment, education, or training.

The project focuses on supporting young people overcome challenges and / or obstacles to accessing employment or training programmes.



# Youth & Community Groups

**YOUNG Solutions**

☎ 01905 795098  
🌐 [www.youngsolutions.org.uk/](http://www.youngsolutions.org.uk/)  
✉ [office@youngsolutions.org.uk](mailto:office@youngsolutions.org.uk)

Young Solutions is a charity, dedicated to keeping young people within Worcestershire 'safe and involved' by providing advice and training, and supporting the work of our members, voluntary youth clubs, community groups and all organisations with the well-being of children and young people at their core.

**YMCA**

Here for young people  
Here for communities  
Here for you

☎ 01527 61643  
🌐 [www.ymcaworcestershire.org.uk/what-we-do/youthwork/](http://www.ymcaworcestershire.org.uk/what-we-do/youthwork/)  
✉ [contact@ymcaworcestershire.org.uk](mailto:contact@ymcaworcestershire.org.uk)

YMCA Worcestershire offer several services to support children to fulfil their potential. Youth Groups are ran county wide with the opportunity to meet new people in their community whilst provides a safe and inviting space for them to spend time.

NCS is a national programme open to 16 and 17-year-olds. It is a great opportunity to meet new people and try new things. A fully funded youth counselling service is available for primary and secondary aged children. Holiday camps are available for young people to attend during the school break and learn new skills.



🌐 [www.kdyt.org.uk/](http://www.kdyt.org.uk/)

Kidderminster Youth Trust have built a youth club for local children and young people to access structured activities which will support with their development into adulthood.

KDYT also offer mentoring, a drop in to meet other young people, youth clubs, mediation, days out, support from youth workers and an LGBTQ+ youth club.

**YSS** *Making it happen!*

☎ 01905 619886  
🌐 [www.yss.org.uk/worcestershire-young-carers](http://www.yss.org.uk/worcestershire-young-carers)  
✉ [info@yss.org.uk](mailto:info@yss.org.uk)

YSS Young Carers provide practical and emotional support to children and young people in order to help them achieve their full potential. Many of young people YSS care for have multiple and complex needs, YSS ensure their voices are heard and needs are met.

**Mentor Link**

Supporting distressed children

☎ 01299 822336  
🌐 [www.mentorlink.org.uk/](http://www.mentorlink.org.uk/)  
✉ [enquiries@mentorlink.org.uk](mailto:enquiries@mentorlink.org.uk)

Mentor Link is dedicated to supporting vulnerable and distressed children and young people by providing them with a volunteer mentor. Using Safer Recruiting techniques, fully trained adults will offer listening support and guidance to these young people during difficulties in their lives, which may include self-harm, bullying, traumatic bereavement and family breakdown.

**Active Youth Outreach**  
Services C.I.C

☎ 07854 811011  
🌐 [www.ayos.org.uk/](http://www.ayos.org.uk/)

A mobile youth service working withing the Wyre Forest, specialising in helping young people aged 5-24 who face multiple disadvantages.



# Special Education Needs and/or Disabilities



☎ **01905 768153**  
🌐 [www.hwsendiass.co.uk/](http://www.hwsendiass.co.uk/)  
✉ [sendiass@worcestershire.gov.uk](mailto:sendiass@worcestershire.gov.uk)

SENDIASS delivers free, impartial, confidential and accessible information, advice and support to parents and carers of children with a special educational need or disability and young people themselves between the ages of 0-25. In particular, the service aims to empower them, enabling children and Young People to realise their full potential throughout their educational life.



## Local Offer

🌐 [www.worcestershire.gov.uk/sendlocaloffer](http://www.worcestershire.gov.uk/sendlocaloffer)  
✉ [localoffer@wocrschildrenfirst.org.uk](mailto:localoffer@wocrschildrenfirst.org.uk)

Worcestershire's local offer provides information to families about the provision available to children and young people with special educational needs (SEN) or disabilities across education, health and social care.



## Support Group

🌐 [www.worcestershire.gov.uk/send-local-offer-0/care-support-and-money-matters/support-groups-parents-and-carers](http://www.worcestershire.gov.uk/send-local-offer-0/care-support-and-money-matters/support-groups-parents-and-carers)

There are a number of parent support groups in Worcestershire, many cover all disabilities, some are disability specific, some operate in certain areas of the county and others are countywide.

The groups are run by either parent carers, local charities or national organisations and are a great way of meeting others in similar circumstances.



# Community Safety



☎ 01562 732928  
✉ [saferwyreforest@wyreforestdc.gov.uk](mailto:saferwyreforest@wyreforestdc.gov.uk)

The North Worcestershire Community Safety Partnership deliver a range of community safety initiatives whilst work alongside partner agencies to achieve the vision of keeping North Worcestershire a safer place to live, work and visit.

Offering help and advice on: Anti-Social Behaviour, Child Sexual Exploitation, Online Safety, Drug and Alcohol, Domestic Abuse, Nominated Neighbour Scheme, Hate Crime, Home Security and the Safe Place Scheme.

Collaboration of: Safer Bromsgrove, Safer Redditch and Safer Wyre Forest.



🌐 <https://www.hwfire.org.uk/about-us/the-fire-service/safe-and-well-referral/>

Do you know if the Individuals or Families you are supporting would benefit from fire safety advice? Would they agree to a Home Fire Safety visit from Hereford & Worcester Fire and Rescue Service? Do you include a section around smoke detection/fire safety in your initial assessments?

A Home visit from HWFRS will provide the person/family with actions and advice to help make their home a safer place and protect them and their family from the risks of fire. It will provide them with a fire escape plan to follow, should the unthinkable happen. We may also fit specialist equipment (hearing impaired alarms, fire retardant bedding/blankets and/or mats) if required and where requested signpost to local services to help ensure safety and wellbeing.

As we are in a cost-of-living crisis, families are turning to alternatives ways of heating their homes which has seen an increase in risk and house fires.

HWFRS will also provide support for juvenile fire setters.



🌐 [www.hollieguard.com](http://www.hollieguard.com)  
✉ [info@hollieguard.com](mailto:info@hollieguard.com)

Hollie Guard is a smartphone app which provides enhanced levels of protection, giving you the confidence to travel safely.

Hollie Guard allows you to set your start and end destination, whilst notifies your emergency contact once you have arrived safely. An alert will automatically be triggered if you do not arrive at your destination within the time you set.

The app provides a stealth mode which allows you to raise an alert silently, as well as a deterrent mode which makes it clear to anyone in the surrounding area an alert has been raised – the phone will display a red alert screen, capturing GPS location and audio / video evidence.



Based in the heart of the Wyre Forest we offer care and support to patients, families and carers who are experiencing life-limiting illness and bereavement.

Services include:  
 >Day Hospice Care  
 >Family Support  
 >Bereavement Services

# Bereavement



Giving hope to grieving children

☎ 08088 020 021  
 🌐 [www.winstonswish.org/about-us/](http://www.winstonswish.org/about-us/)

Winston's Wish offer support to children and young people after the death of a parent or sibling.

Offering a free helpline, email service and online chat.

# Domestic Abuse



🌐 [www.westmerciawomensaid.org/services/c-ypservices](http://www.westmerciawomensaid.org/services/c-ypservices)

WMWA works with school age children to provide the appropriate support for children and young people impacted by domestic abuse.

Choices is an email service offering 121 confidential support available for young people aged 11 to 19 years experiencing domestic abuse in their own or parents' relationships: [choices@westmerciawomensaid.org](mailto:choices@westmerciawomensaid.org)

For victims of domestic abuse and violence, or know someone who is, there is help available - The West Mercia Women's Aid Helpline, which is staffed by trained workers who can offer you support, safety planning, information and advice: **0800 980 3331 (24 hrs a day/365 days a year)**

Men's Advice Line: **0800 801 0327 (Mon-Fri 9-5)**



🌐 [www.worcestercommunitytrust.org.uk/wct-in-action/dawn/](http://www.worcestercommunitytrust.org.uk/wct-in-action/dawn/)  
 ✉ [dawn@worcestercommunitytrust.org.uk](mailto:dawn@worcestercommunitytrust.org.uk)

The DAWN Project is a free, confidential and non-judgemental service for any individual who is experiencing or has experienced domestic abuse.

In an emergency always dial 999 and ask for police. If you are not safe to speak - call 999 and then press 55. Guidance on the silent calls ("Silent solution"):

## Purple Leaf

☎ 01905 724514 / 01905 677444  
 🌐 [www.purpleleaf.org.uk/](http://www.purpleleaf.org.uk/)

WMRSASC support the survivors of all types of sexual abuse and violence providing a range of services such as advocacy, therapy, online and helpline service.

Purple Leaf provide advice, risk assessments and interventions to young people aged 5 to 18 years old who have exhibited or are at risk of harmful sexual behaviour. Purple Leaf also deliver a training education programme which is designed to increase awareness and access to high quality sexual violence information and support.

# Rape & Sexual Abuse





## Wyre Forest Re-engage

Getting our school communities re-engaged

